Thursday 5/21/26			Names/Seed/Heat/Section/Lane/Flight/Position	SB/PR	ADM Rec	Place/Result	Team Points	
2:00pm	Girls	**Discus**	Lauren Hagedorn (seed 8, F2 P5)	132-00	132-00	4th (134-04)	5	New ADM Rec
2:00pm	Boys	**High Jump**	Reid Kluesner (seed 5, F1 P15)	6-06.25	6-06.25	8th (6-03)	1	
3:00pm	Boys	**ShuttleHR Prelims**	J Pitzen/I Schrock/R Kluesner/L Seifert (H2 L5)	1:00.50	58.12	12th (1:00.70)		
		seed 11	*Alt: D Foster, K Reed, M Pitzen, T Schwertfeger*					
4:30pm	Boys	**Discus**	Nick Subbert (seed 16, F1 P9)	151-09	174-08	16th (149-09)		
4:30pm	Girls	**200m Prelims**	Isabelle Book (seed 10, H3 L6)	25.39	24.59	10th (25.20)		PR
4:50pm	Boys	**200m Prelims**	Zane Johnson (seed 15, H3 L2)	21.61	21.10	8th (21.97) Q		
5:25pm	Girls	**4x800m Relay**	V Novelli/E Von Roden/A Nelson/C Uthe (S2 L2)	9:48.94	9:43.87	5th (9:37.18)	4	New ADM Rec
		seed 6	*Alt: A Eggleston, A Williams, L Morse, A Bjork*					
6:10pm	Boys	**4x800m Relay**	J Leistikow/R Hall/C Catron/T Landphair (S1 L12)	8:20.50	7:59.17	11th (8:08.00)		SB
		seed 16	*Alt: M Marple, T Miller, A Coller, J Ellerbusch*					
6:53pm	Boys	**100m Prelims**	Zane Johnson (seed 22, H3 L8)	10.91	10.40	14th (11.16)		
7:10pm	Girls	**400m Dash**	Livia Morse (seed 23, S1 L1)	1:02.76	57.75	22nd (1:02.19)		PR
7:30pm	Boys	**400m Dash**	Parker Hook (seed 10, S2 L5)	50.28	49.64	9th (49.67)		PR
8:00pm	Girls	**ShuttleHR Prelims**	H Nelson/A Bjork/B Smyth/E Coghlan (H1 L3)	1:03.18	1:01.15	1st (1:03.66) Q		
		seed 1	*Alt: E Von Roden, C Uthe, K Stanford*					

Friday 5/22/26			Names/Seed/Heat/Section/Lane/Flight/Position	SB/PR	ADM Rec		Team Points	
2:00pm	Girls	**Shot Put**	Lauren Hagedorn (seed 11, F2 P2)	39-06.50	41-04	13th (36-11.00)		
3:00pm	Girls	**Dist Med**	P Standley/B Smyth/V Novelli/C Uthe (S2 L7)	4:19.13	4:07.49	7th (4:10.60)	2	SB
		seed 14	*Alt: E Von Roden, H Nelson, L Morse, C Priestley*					
3:40pm	Boys	**Dist Med**	O Rychnovsky/J Pitzen/ B Davison/T Landphair (S1 L8)	3:32.72	3:30.34	6th (3:31.75)	3	SB
		seed 24	*Alt: J Leistikow, A Taborga/W Schweiger, C Paul*					
4:10pm	Girls	**100m Hurdles Prelir**	Elise Coghlan (seed 1, H1 L4)	14.36	14.36	1st (14.48) Q		
			Haley Nelson (seed 6, H1 L5)	14.76	14.36	8th (15.33) Q		
4:55pm	Girls	**4x200m Relay**	H Nelson/C Priestley/B Morse/I Book (S3 L7)	1:42.76	1:42.12	5th (1:42.24)	4	SB
		seed 6	*Alt: P Standley, V Novelli, B Smyth, A Noring*					
5:25pm	Boys	**4x200m Relay**	Z Johnson/P Hook/H Shull/L Gerleman (S3 L8)	1:27.52	1:25.55	2nd (1:27.29)	8	SB
		seed 8	*Alt: B Davison, O Rychnovsky, J Pitzen, M Entriken*					
5:50pm	Girls	**400m Hurdles**	Elise Coghlan (seed 2, S3 L5)	1:03.05	1:03.05	2nd (1:02.82)	8	New ADM Rec
			Clara Uthe (seed 21, S1 L2)	1:08.63	1:03.05	13th (1:07.36)		PB
6:30pm	Girls	**4x100m Prelims**	H Nelson/I Book/B Morse/P Standley (H1 L4)	48.04	48.04	1st (48.12) Q		
		seed 1	*Alt: C Priestley, V Novelli, K Darling, B Smyth*					
6:50pm	Boys	**4x100m Prelims**	B Davison/L Gerleman/H Shull/J Pitzen (H1 L6)	42.90	41.33	8th (42.81) Q		SB
		seed 12	*Alt: A Taborga, Z Johnson, O Rychnovsky, P Hook*					
7:20pm	Girls	**4x400m Prelims**	E Coghlan/V Novelli/C Priestley/B Morse (H1 L3)	3:58.12	3:57.82	5th (3:58.13) Q		
		seed 7	*Alt: L Morse, A Noring, A Williams, L Georgick*					
8:00pm	Boys	**4x400m Prelims**	Z Johnson/B Davison/P Hook/H Shull (H1 L2)	3:21.89	3:20.18	2nd (3:19.90) Q		New ADM Rec (better in Finals)
		seed 13	*Alt: T Landphair, C Paul, K Coleman, C Waddingham*					

Saturday 5/23/26			Names/Seed/Heat/Section/Lane/Flight/Position	SB/PR	ADM Rec		Team Points	
9:25am	Girls	**Sprint Med**	P Standley/C Priestley/I Book/B Morse (S2 L4)	1:49.01	1:49.01	6th (1:48.44)	3	New ADM Rec
		seed 9	*Alt: V Novelli, K Darling, B Smyth, A Noring*					
10:13am	Boys	**Sprint Med**	B Davison/L Gerleman/P Hook/H Shull (S2 L2)	1:33.61	1:33.52	10th (1:33.61)		SB
		seed 13	*Alt: Z Johnson, O Rychnovsky, A Taborga, J Pitzen*					
11:20am	Boys	**800m Run**	Jack Leistikow (Seed 18, S1 L2)	2:00.76	1:54.58	22nd (2:00.37)		PB
			Ty Landphair (Seed 13, S1 L9)	1:59.07	1:54.58	10th (1:56.22)		PB
11:55am	Girls	**ShuttleHR Finals**	H Nelson/A Bjork/B Smyth/E Coghlan (S2 L3)	1:03.18	1:01.15	2nd (1:03.02)	8	SB
		seed 1, qual 1	*Alt: E Von Roden, C Uthe, K Stanford*					
1:25pm	Girls	**100m Hurdles Finals**	Elise Coghlan (seed 1, L4) Qual 1	14.36	14.36	1st (14.20)	10	New ADM Rec, State Meet Rec
			Haley Nelson (seed 6, L8) Qual 8	14.76	14.36	8th (15.16)	1	
2:30pm	Boys	**200m Finals**	Zane Johnson (seed 15, L8) Qual 8	21.61	21.10	6th (22.12)	3	
3:50pm	Girls	**4x100m Finals**	H Nelson/I Book/B Morse/P Standley (L4)	48.04	48.04	1st (48.24)	10	
		seed 1, qual 1	*Alt: C Priestley, V Novelli, K Darling, B Smyth*					
4:00pm	Boys	**4x100m Finals**	B Davison/L Gerleman/H Shull/J Pitzen (L8)	42.81	41.33	7th (43.13)	2	
		seed 12, qual 8	*Alt: A Taborga, Z Johnson, O Rychnovsky, P Hook*					
4:17pm	Girls	**4x400m Finals**	E Coghlan/V Novelli/C Priestley/B Morse (L2)	3:58.12	3:57.82	4th (3:56.27)	5	New ADM Rec
		seed 7, qual 5	*Alt: L Morse, A Noring, A Williams, L Georgick*					
4:42pm	Boys	**4x400m Finals**	Z Johnson/B Davison/P Hook/H Shull (L5)	3:19.90	3:19.90	2nd (3:19.74)	8	New ADM Rec
		seed 13, qual 2	*Alt: T Landphair, C Paul, K Coleman, C Waddingham*					

Times are approximate. The most they'll get ahead is 15 mins unless weather dictates otherwise.
Elise Coghlan holds the 100m Hurdles 3A State Meet Record of 14.20 (2026)
Brevin Doll holds the 100m Dash 3A State Meet Record of 10.40 (2024)
Brevin Doll holds the 200m Dash 3A State Meet Record of 21.10 (2024)
ADM Girls (H Nelson, B Smyth, E Coghlan, J Dufoe) hold the Shuttle Hurdle 3A State Meet Record of 1:01.15 (2025)
ADM Boys (A Flora, T Gelhaar, M Vanorny, B Doll) hold the 4x100m 3A State Meet Record of 41.33 (2024)
ADM Boys (A Flora, G Rychnovsky, Z Lohmann, B Doll) hold the 4x200m 3A State Meet & All Time Record of 1:25.55 (2024)
SB: Season Best (Relay), PR: Personal Record, ADM Rec: ADM School Record Updated 5/24/26 10:48am

Girls Team Results: Runner-Up (60 points)
Boys Team Results: 11th place (25 points)